



Participant Guidelines in HUMAS System

HUMAS System is a space where every individual can be seen, heard, and recognized through their energy. To keep the system alive, honest, and supportive, participants are invited to follow these guiding principles.

Ethical Foundations:

- **Respect for the energy of others.**

Every contribution matters. Never diminish someone else's energy — it carries the same value as your own.

- **Awareness and honesty.**

What matters here is sincerity. The system reads not appearances, but inner energy.

- **Protection of personal space.**

No action should violate the boundaries of another participant — physically, emotionally, or informationally.

- **Creation, not conflict.**

Energy should lead to growth, not destruction. The system supports dialogue, not aggression.

- **Transparency and openness.**

Participation means readiness to be part of an open architecture where integrity matters — with yourself and others.

These guidelines are not a punishment system.

They create a space where a person can feel safe, open, and respected.

HUMAS System exists for those who choose to follow the path of energy.